

Project Title: Evaluating the Receptiveness to Wear a Flash Glucose Monitoring System in People with Prediabetes: A Feasibility and Acceptability Study
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Prediabetes is a serious health condition where blood sugar levels are higher than normal, putting people at increased risk of developing diabetes, a costly chronic disease without cure. Approximately 88 million Americans have prediabetes, and 70% will eventually progress to diabetes. For people with prediabetes, lifestyle change is the cornerstone to prevent or delay the development of diabetes. However, active commitment to change among people with prediabetes is often hampered due to the insidious nature of prediabetes where those afflicted are presented with minimal to no health warning signs.